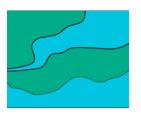


18372 Sycamore Creek Road Escondido, California 9202 (858) 674-227



RIVER PARK **SAN DIEGUITO** TRAILS OF THE





For your safety and the preservation of sensitive habitat...

- Please stay on designated trails and obey posted information.
- Please securely close all gates behind you.
- Dogs are welcome and must be on leash at all times. Please pick up after your pet.
- Open fires and smoking are prohibited.
- Overnight camping is prohibited, and overnight parking is not permitted in staging areas.
- Please help protect the special nature of the river valley...

The collection of plant, animal, or cultural specimens is strictly prohibited.

There are no facilities on the trails. Please remember to bring along enough water for you and your canine companion. The staging area and trails are open sunrise to sunset. The Coast to Crest Trail is open to hikers, mountain bikes, and equestrians. The Upper Santa Ysabel segment is also open to vehicular traffic.

IMPORTANT MESSAGE: San Dieguito River Park trails and activities are limited to public lands and private lands whose owners have given written consent. Inclusion in the Park's Focused Planning Area in no way affects the property rights of the owner. Private property may not be entered without the owner's permission. Trespassers may be subject to prosecution.

Established in 1989, the 92,000-acre San Dieguito River Park provides nature enthusiasts with striking examples of San Diego County's natural landscape from the Pacific Coast to the Pacific Crest. Learn more at www.sdrp.org.

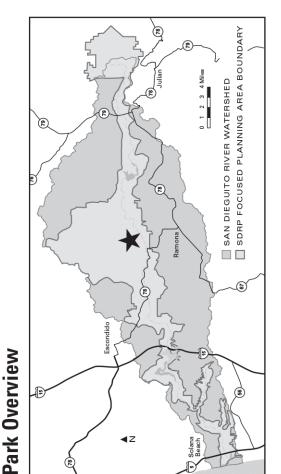
Enjoy your visit!

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About the Trail

This 3.3-mile long segment of the Coast to Crest Trail travels along the foothills near Pamo Road overlooking bucolic Pamo Valley. Most of the trail is relatively level with slight elevation gains as it winds along the slopes that frame the valley. Sweeping views of Santa Ysabel and Temescal Creeks and the surrounding ridgelines provide an impressive overview of the valley. The trail crosses the larger creeks and several smaller drainages on a series of bridges and also crosses Pamo Road in three locations. Please be mindful of closing the gates behind you as you cross the road. Pamo Valley is leased by the City of San Diego to an active cattle grazing operation, and you are likely to encounter cows as they graze the plentiful grasslands and rest in the shade. They are not harmful to people, but please do not disturb the cattle.

The Pamo Valley segment connects two other segments of the Coast to Crest Trail, the Lower Santa Ysabel Truck Trail at the south end next to the staging area and the Upper Santa Ysabel Truck Trail at the north end. Both trails are operated by the U.S. Forest Service and offer more challenging hikes/ rides further into the surrounding chaparral-covered hillsides

Pamo Valley was once seriously considered as a site for a new water reservoir, but another less environmentally-sensitive site was chosen instead. Many species of birds and animals use Pamo Valley with its landscape of grasses, chaparral and coastal sage scrub-covered slopes, and riparian creeks, including raptors (golden eagle), mule deer, coyote, bobcat, and many types of songbirds. Endangered species that live in Pamo Valley include the arroyo toad that breeds in shallow creek beds and burrows in surrounding areas and the least Bell's vireo that nests in riparian areas. You will also encounter plenty of squirrels.

The San Dieguito River Park's Coast to Crest Trail will stretch approximately 70 miles from the coast in Del Mar to the crest of Volcan Mountain, overlooking the Anza-Borrego Desert.

For maps and information about all the trails and activities in the San Dieguito River Park, visit www.sdrp.org.